



Resous pou evite Swisid



- **Si ou nan on sitiyasyon lavi ou an danje, rele rapid 9-1-1.**
- **Telefòn Prevansyon Nasyonal kont Swisid: 1-800-273-8255**
 - Pou mounn Soud ak Gen Pwoblèm pou Tande: 1-800-799-4889
 - An Panyòl: 1-888-628-9454
- **SAMHSA Telefòn Detrès Nasyonal nan ka Katastròf: 1-800-985-5990**
 - Ekri Pale ak Nou nan #66746
- **Ou pa konn kibò pou ou ale? Rele 2-1-1.**



- **2-1-1 Paj Entènèt**
211.org/services/crisis
- **Sèvis Administratif pou Dwoje ak Sante Mantal**
samhsa.gov/find-treatment
- **Depatman pou Timounn ak Fanmi nan Florid**
myflfamilies.com/service-programs/samh/prevention/suicide-prevention
- **Depatman Sante nan Florid**
floridahealth.gov/programs-and-services/prevention/suicide-prevention/index.html
- **Sant Resous pou Evite Swisid**
sprc.org/settings/behavioral-health-care
- **PBS Sante Mantal Jèn Mounn**
pbslearningmedia.org/collection/you-are-not-alone
- **Espas Sekirite pou Sante Emosyonèl Vibran**
vibrant.org/safespace
- **Kowalisyon Prevansyon Swisid nan Florid**
floridasuicideprevention.org



apdcares.org Toll Gratis: 1-866-APD-CARES (1-866-273-2273)